Steps for counting inhalations

Step 1. Ask patient to get in a comfortable position.

<action index="1" type="talk" topic="ComfPosition"></action>

Step 2. Pick up watch

Step 3. Count the couple of times the patient his chest rises within 30 seconds.

Step 4. Multiply the outcome by 2

Step 5. Write down the outcome and findings

Step 6. Alarm a doctor when the findings are different then usual